

CORONAVIRUS COVID-19 DISINFECTION GUIDE

Much of the information below came from UC Berkeley University Health Services. For more information on the 2019 Novel Coronavirus, visit <https://uhs.berkeley.edu/coronavirus-covid-19-information>. If you have health-related questions or concerns, please contact your healthcare provider.

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. Symptoms include fever, cough, and difficulty breathing/shortness of breath, though it is possible to be asymptomatic (meaning you can have and spread the virus without exhibiting symptoms). COVID-19 is spread between people who are in close contact with one another (within about 6 feet), through respiratory droplets produced when an infected person coughs or sneezes, and touching objects that have been contaminated with the virus and then touching your eyes, nose, and mouth with unwashed hands. Campus has implemented Social Distancing of 6 feet between personnel and remote work when applicable.

Effective Disinfectants

Be sure to follow the manufacturer's instructions on labels for proper disinfection and safe handling. Use Disinfectants in well-ventilated areas.

For increased cleaning of touch surfaces, use the following PPE:

- gloves
- goggles (when applicable per manufacturer instructions)

The following disinfectants are used and must remain wet for the corresponding contact time:



EcoLab 57:

Peroxide Multi Surface Cleaner and Disinfectant

Contact Time:

3 minutes



EcoLab (Quat):

Neutral Disinfectant Cleaner

Contact Time:

10 minutes



Diversity Alpha HP:

Peroxide Multi Surface Cleaner and Disinfectant

Contact Time:

10 minutes

Note: Refillable buckets similar to the image on the right will be provided to Campus Operations staff members. The buckets will hold wipes and one of the above chemical disinfectants.



General List of High Touch Points to be Disinfected Often:

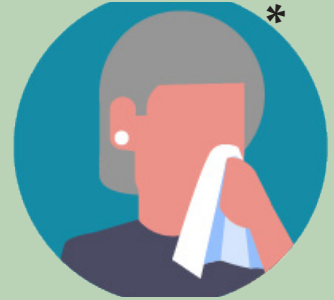
- Counters
- Tables
- Door knobs/handles/push plates
- Touch points on chairs
- Handrails
- Light switches
- Braille signage
- Boards
- Classroom podiums
- AV panels & door handles
- Accessibility buttons
- Elevator buttons
- Drinking fountains
- Hydration stations
- Dispensers (including soap, paper towel, toilet paper, seat cover dispensers)
- Toilet seats
- Flush handles
- Bathroom waste receptacle lids

Additional Resources

- UC Berkeley COVID-19 Updates: <https://news.berkeley.edu/coronavirus/>
- Alameda County COVID-19 Updates: <http://www.acphd.org/2019-ncov.aspx>
- Additional Information from the Centers for Disease Control & Prevention (CDC) can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Protecting Ourselves from COVID-19

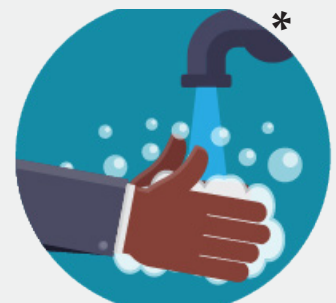
- **Keep your immune system healthy** by getting plenty of sleep, nutrition, stress-relief, and exercise.
- **Wash your hands** with soap and water or alcohol-based hand sanitizer (contains at least 60% alcohol) if soap and water are not available. Wash your hands frequently, for at least 20 seconds, and certainly after sneezing or before/after touching your face or a sick person.
- **Cover your mouth and nose** with a disposable tissue or your sleeve (not your hands) when coughing or sneezing.
- **Do not travel** while sick.
- **Avoid touching** your eyes, nose, and mouth.
- **Avoid contact** with others who are sick.
- Practice **physical distancing** and in particular around those - or if you are one of those - who are at higher risk for developing severe disease: individuals over age 65 and people with significant underlying medical conditions such as diabetes, heart or lung disease, or suppressed immune systems.
- Alameda County now requires all residents to wear face coverings when out in public. To comply with the order, **Facilities Services staff members are required to wear, at a minimum, face cloth coverings at all times.** Staff members may reach out to Supervisors or Managers regarding disposable masks and N95 masks for work tasks when cloth face coverings are not sufficient.



Handwashing Procedures

Wash your hands with soap and water for at least 20 seconds and certainly after sneezing or before/after touching your face or a sick person.

If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.



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* Images adopted from Centers for Disease Control & Prevention

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University of California, Berkeley
Facilities Services, Campus Operations